



Term 4 2018 Newsletter

Hello Families!

From Fleur

Somehow Term 4 has whizzed past! There has been so much happening and also something's which will have to wait until next year to be explored further.

Our focus for the Term was on Community- such an integral part of our day-to-day life here at Sunrise. With this idea in mind we got out and about even more than usual in our local area- visiting the library, Munster Haus, Rushall community gardens, North Fitzroy Co-op and the German School. Next year we would also like to visit the Fire Station in East Melbourne and Piedemontes. We now love to stop by Munster Haus on walks to and from the park and chat with Matt, Claire & Daemos (when he is working there).



As part of connecting with community and connecting with where we live- we have been talking about what an Acknowledgement of Country is. I have learnt through our discussions that the children have many, many questions regarding Aboriginal culture and history. Next year we plan to organise a local Elder to spend some time with us at Sunrise and help us deepen our understanding- unfortunately we ran out of time to get it happening this year. Thank you to Isaac, Charlie F, Max, Goldie, Anjali, Pia, Oscar and Ruben for learning an Acknowledgment to say at our End of Year Celebration.

A special part of our community here is you, the families. We have been lucky to have some family contributions throughout the Term (and throughout the year). Thank you to all our families who have come along with us on our excursions out in the community or helped us to organise them. Thank you to Marion and Coco (Rafi's family) for



teaching us how to make clay monsters (and how to make sure their ears stay attached!). Thank you also to Carrie and Asher (Ruben's family) for coming in and sharing with us about Hanukkah.



Throughout Term 4 the children in the 4 year old group had the opportunity to be In Charge for the day. As teachers we got to take a step back as your children stepped forward and lead the group and planned our day. We had many wonderful ideas from the children, Charlie's dog Lola came in for show and tell and Edie created a search and find checklist for our park adventure. The children stood up the front of the class and shared their ideas and stories with courage and excitement, which demonstrated their self-confidence and security in their surroundings. As Educators we see now at this part of the year that the children in our 4 year old group are ready for their next adventure- school.



For all our children heading off to explore new adventures next year- we will miss seeing your faces around Sunrise but hope you keep in contact through emails, phone calls, postcards and visits! And for those coming back- we are so excited to have more time to spend together playing and learning.

Fleur



The 12 days of Sunrise

(Tune from The 12 Days of Christmas)

On the first day of Sunrise, my teachers gave to me,
a safe space to make friends.



On the second day of Sunrise, my teachers gave to me,
morning circle every day.



On the third day of Sunrise, my teachers gave to me,
Yoga and meditation.





On the fourth day of Sunrise, my teachers gave to me,

A table full of odds and ends



On the fifth day of Sunrise, my teachers gave to me,

A place to make yummy afternoon tea



On the sixth day of Sunrise, my teachers gave to me,

Chances to take risks (daily adventures)





On the seventh day of Sunrise, my teachers gave to me,
Opportunities at every moment to think outside of the box



On the Eighth day of Sunrise, my teachers gave to me,
Awareness of our wider community



On the ninth day of Sunrise, my teachers gave to me,
Projects to help raise money for my kinder





On the tenth day of Sunrise, my teachers gave to me,

Incursions and excursions



On the eleventh day of Sunrise, my teachers gave to me,

Animals to cuddle and love



On the twelfth day of Sunrise, my teachers gave to me,

ENDLESS LOVE



We wish you all a happy festive season

Love Enza, Sigrid, Karlene and Rach xooxoox



From Roseanne - Our afternoon tea ritual became our lovely little greetings videos as the person who was nominated in charge for the day waited at the classroom door to greet each child with their choice of a hi 5, a hug, a fist bump or a hand shake. these were very special to witness and very special to the children to have a bonding moment with each other as well as allowing the opportunity for each child to expand their network through this moment in time that was a personal one on one interaction of kindness. These moments in time supported each child's self-confidence and relationships with others. We finished off this term with following in this practice in our group times in a circular relay so that all children had once again engaged with one another.

Another big focus this term was the practice of mindfulness- we sat at group times in lotus position with our eyes closed and each session we delved into the experience of tuning in to only one of our senses. Touch, sound or smell. We encouraged the children to try keep their eyes closed and their minds on just the experience we were exploring- trying to explore how each session made them feel. They expressed happiness, tingling feelings, warmth, and many other expressions of feelings were communicated and discussed.

We've had a wonderful term developing children's sense of identity, sense of belonging, universal love and contentment. Roseanne

From Cathy

What an amazing year it's been watching the children grow and learn, getting to know the families and our chats through the window, these are moments that I hold dear, I wish you all the best for festive season and for everyone that celebrates Christmas Merry Christmas!! stay well, stay happy and enjoy the break! Much love Cathy xox

From Didi A

To the children, parents, grandparents, guardians and staff of Sunrise.

Thank you for your contribution in making 2018 a wonderful year at Sunrise! All your love, support and hard work has made this another special year. To all our children that are graduating and/or moving on, we wish you all the best! You will be missed. To the children and families that returning in 2019, we look forward to seeing you in the new year.

For those of you that celebrate Christmas, may you all have a joyous time over the festive season. We wish everybody a wonderful holiday and a very happy new year! Thank you Didi A

We re-open Monday 21st January 2019

Baba Nam Kevalam



Love is all there is!